Reminders From Aunt Bee

Remember if you serve combination foods like: corn dogs, chicken nuggets, pizza or fish sticks you need to either have the CN label available or the Product Specification Analysis sheet. Plus you need to be offering the correct amounts listed on the CN label or the Product Specification Analysis Sheet. If you don’t have one of these, then the meal will be disallowed. We have included two new product specification analysis sheets in this newsletter, plus check our Web-site for others. www.cnputah.org

Eat Smart to Play Hard

MILK: Milk must be served at Breakfast, Lunch, and Dinner. Remember: Children two years of age and older must be served fast free or low-fat(1%) milk. Whole milk and reduced fat(2%) MAY NOT be served to children over two years of age. Children between the ages of one and two may be served whole milk. It is important that they receive the fat in whole milk for brain development.

SOY MILK: We have included a new Soy milk that qualifies for those of you who have children requiring soy milk.

HOLIDAY CARE
If you plan on providing care on the 4th of July or Labor Day you must call the office for pre-approval prior to the holiday. If you don’t get pre-approval, the meals on that day will be disallowed. You also need to send to the office a copy of your sign in/out with full signature for all children claimed that day by the 5th of the next month.

Summer Lunch Programs:
Just a reminder: If you take your children to the free lunches provided by the schools during the summer, you CANNOT claim that meal.

Questions? Call the office.

You are responsible to understand the information in this newsletter. If you can’t because of a language barrier, call this number (435) 797-2169 or 1-800-540-2169 for translation services.

Usted es responsable de entender la información que se encuentra en esta carta. Si esto no es posible por una barrera lingüística, llame a este número para solicitar servicio de traducción (435) 797-2169 o 1-800-540-2169.

USDA is an equal opportunity provider and employer
**Bruschetta Chicken Bake**

- 1 pound boneless, skinless chicken breast or tenders
- 1 Tablespoon vegetable oil
- 1/4 teaspoon garlic powder
- Salt and pepper to taste
- 2 cups cooked brown rice
- 1 (14.5 ounce) can petite diced tomatoes
- 1/2 cup shredded mozzarella cheese
- 1 teaspoon dry Italian herbs

**Directions:**

**Step 1:** Cut the chicken breasts into bite size pieces. Heat oil in a skillet. Add the chicken to the skillet. Season the chicken with garlic powder, salt and pepper. Cook until lightly brown.

**Step 2:** Combine the cooked rice, tomatoes and Italian herbs in a casserole dish. Top with cooked chicken cubes. Sprinkle with cheese. Cover and bake in a 375 degree oven for 30 minutes.

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**Parmesan Chicken Strips**

- 1 pound boneless, skinless chicken breast or tenders
- 1/4 cup low fat Ranch salad dressing
- 1 cup bread crumbs with Italian seasoning
- 1/4 cup grated Parmesan cheese

**Directions:**

**Step 1:** Cut the chicken breasts into long strips. Place chicken and salad dressing in a bowl. Toss to coat.

**Step 2:** Combine bread crumbs and cheese in a separate bowl.

**Step 3:** Lightly spray a metal baking sheet with a cooking spray.

**Step 4:** Roll chicken strips into bread crumb mixture. Place on the baking sheet. Bake in a 375 degree oven for 20-25 minutes or until chicken is no longer pink.
Here is another Soy Milk option. Remember you will still need to have the parent sign the Medical Statement Request and keep the statement and this form with the child’s enrollment form. Make sure the soy milk you purchase matches.

**Nutrient Criteria for Milk Substitutes**

*(Minimum Required Nutrients)*

<table>
<thead>
<tr>
<th>Brand name of substitute</th>
<th>Per 1 Cup Serving Size</th>
<th>Meets or exceeds</th>
<th>Meets or exceeds</th>
<th>% Daily Values</th>
<th>Meets or exceeds</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutrients</strong></td>
<td><strong>Nutrient Values</strong></td>
<td><strong>Daily Values</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calcium</td>
<td>276 mg</td>
<td>1000 mg</td>
<td></td>
<td>30% DV</td>
<td>30%</td>
</tr>
<tr>
<td>Protein</td>
<td>8 g</td>
<td>50 g</td>
<td></td>
<td>8 g</td>
<td>8g</td>
</tr>
<tr>
<td>Vitamin A</td>
<td>500 IU</td>
<td>5000 IU</td>
<td></td>
<td>10% DV</td>
<td>10%</td>
</tr>
<tr>
<td>Vitamin D</td>
<td>100 IU</td>
<td>400 IU</td>
<td></td>
<td>25% DV</td>
<td>30%</td>
</tr>
<tr>
<td>Magnesium</td>
<td>24 mg</td>
<td>400 mg</td>
<td></td>
<td>6% DV</td>
<td>10%</td>
</tr>
<tr>
<td>Phosphorus</td>
<td>222 mg</td>
<td>1000 mg</td>
<td></td>
<td>20% DV</td>
<td>25%</td>
</tr>
<tr>
<td>Potassium</td>
<td>349 mg</td>
<td>3500 mg</td>
<td></td>
<td>350 mg or 10% DV</td>
<td>3500mg</td>
</tr>
<tr>
<td>Riboflavin</td>
<td>0.44 mg</td>
<td>1.7 mg</td>
<td></td>
<td>25% DV</td>
<td>30%</td>
</tr>
<tr>
<td>Vitamin B 12</td>
<td>1.1 mcg</td>
<td>6 mcg</td>
<td></td>
<td>20% DV</td>
<td>50%</td>
</tr>
</tbody>
</table>
This product is not CN labeled. This form provides equivalent meat/meat alternate and grain product information for a non CN labeled product.

Product name: All Natural Dino Buddies  Manufacturer: Maxi Canada Inc.  Product code: 22651
Case: 5 x 70 oz  Pack: 5 units per case  Count: About 24

Portion size: 83g (3 oz) / 5 pieces

### I. Meat/Meat Alternate

<table>
<thead>
<tr>
<th>Description of Creditable Ingredients per-Food Buying Guide (FBG)</th>
<th>Ounces per Raw Portion of Creditable Ingredient</th>
<th>Multiply</th>
<th>FBG Yield</th>
<th>Creditable Amount M / MA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Ground, Frozen</td>
<td>1,3386 oz</td>
<td>X</td>
<td>0,7</td>
<td>0,9370 oz</td>
</tr>
</tbody>
</table>

**A. Total Creditable M/MA Amount = 0,9370 oz**

### II. Alternate Protein Product (APP)

<table>
<thead>
<tr>
<th>Description of APP Manufacturer’s Name &amp; Code</th>
<th>Ounces Dry APP Per Portion</th>
<th>Multiply by % of Protein As-Is</th>
<th>Divide by 18*</th>
<th>Creditable Amount APP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isolated Soy Protein, Solae (SP248-PF281)</td>
<td>0,0545 oz</td>
<td>86</td>
<td>18</td>
<td>0,2604 oz</td>
</tr>
</tbody>
</table>

**B. Total Creditable APP Amount = 0,2604 oz**

**C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz) = 1,1974 oz = 1.00 oz**

* 18 is the percent of protein when fully hydrated

### III. Grains

**A. Does the product meet the whole grain-rich criteria?**  Yes _____ No ___X___

**B. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program required beginning SY 2013-2014: EXHIBIT A**

Indicate to which Exhibit A Group (A-1) the product belongs: ___n/a____

<table>
<thead>
<tr>
<th>Description of Product per USDA Food Buying Guide (FBG)**</th>
<th>Portion size of product as purchased (A)</th>
<th>Weight of one ounce as listed in SP 30-2012 Exhibit A (B)</th>
<th>Creditable Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
</tr>
</tbody>
</table>

**D. Total Creditable Grain per Portion**

(rounded down to the nearest 1/4 oz)

***Groups A-G use the standard of 16 grams creditable grain per oz eq.

A 3 oz serving of the above product (ready for serving), would contain 1.00 oz of equivalent meat/meat alternate and 0 oz of bread alternate when prepared according to directions. I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A).

Labeling Technician 19/03/2015

This product is not CN labeled - CN equivalent meat / meat alternate calculations are subject to change without notice.

This form is not valid for the National School Lunch Program (NSLP) and School Breakfast Program (SBP).

It is valid for the Child and Adult Care Food Program (CACFP) and the Summer Food Program (SFP) only.

Please contact Maxi Canada for the most current information at 1-800-363-3621 ext #168

Maxi Canada Inc. 688 rue du Parc, St-Lin-Laurentides, Quebec, J5M 3B4 Tel.: 450.439.2500 Fax: 450.439.6500 / info@maxi.com
This product is not CN labeled. This form provides equivalent meat/meat alternate and grain product information for a non CN labeled product.

Product name: Yummy Dino Buddies  Manufacturer: Maxi Canada Inc.  Product code: 22644
Case: 6 x 26 oz  Pack: 6 units per case  Count: About 10

Portion size: 76g (3 oz) / 4 pieces

I. Meat/Meat Alternate

<table>
<thead>
<tr>
<th>Description of Creditable Ingredients per Food Buying Guide (FBG)</th>
<th>Ounces per Raw Portion of Creditable Ingredient</th>
<th>Multiply</th>
<th>FBG Yield</th>
<th>Creditable Amount M / MA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Ground, Frozen</td>
<td>1.0513 oz</td>
<td>X</td>
<td>0.7</td>
<td>0.7359 oz</td>
</tr>
</tbody>
</table>

A. Total Creditable M/MA Amount = 0.7359 oz

II. Alternate Protein Product (APP)

<table>
<thead>
<tr>
<th>Description of APP Manufacturer's Name &amp; Code</th>
<th>Ounces Dry APP Per Portion</th>
<th>Multiply by %of Protein As-is</th>
<th>Divide by 18*</th>
<th>Creditable Amount APP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isolated Soy Protein, Solae (SP248-PF281)</td>
<td>0.04267 oz</td>
<td>86</td>
<td>18</td>
<td>0.2039 oz</td>
</tr>
</tbody>
</table>

B. Total Creditable APP Amount = 0.2039 oz

C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz) = 0.9398 oz = 0.75 oz

* 18 is the percent of protein when fully hydrated

III. Grains

A. Does the product meet the whole grain-rich criteria?  Yes ___ No ___ X ___

B. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program required beginning SY 2013-2014: EXHIBIT A

Indicate to which Exhibit A Group (A-1) the product belongs: ___ B ___

<table>
<thead>
<tr>
<th>Description of Product per USDA Food Buying Guide (FBG)**</th>
<th>Portion size of product as purchased (A)</th>
<th>Weight of one ounce equivalent as listed in SP 30-2012 Exhibit A (B)</th>
<th>Creditable Amount A ÷ B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Batter type coating GROUP B</td>
<td>0.9860 oz</td>
<td>1 oz (28 g)</td>
<td>0.9860 oz</td>
</tr>
</tbody>
</table>

D. Total Creditable Grain per Portion*** (rounded down to the nearest 1/4 oz)

0.75 oz

***Groups A-G use the standard of 16 grams creditable grain per oz eq.

A 3 oz serving of the above product (ready for serving), would contain 0.75 oz of equivalent meat/meat alternate and 0.75 oz of bread alternate when prepared according to directions. I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A).

Labeling Technician  24/03/2015

This product is not CN labeled - CN equivalent meat / meat alternate calculations are subject to change without notice.

This form is not valid for the National School Lunch Program (NSLP) and School Breakfast Program (SBP).

It is valid for the Child and Adult Care Food Program (CACFP) and the Summer Food Program (SFP) only.

Please contact Maxi Canada for the most current information at 1-800-363-3621 ext #168

Maxi Canada Inc. 688 rue du Parc, St-Lin-Laurentides, Quebec, J3R 3B4 Tel.: 450.439.2500 Fax: 450.439.6500 / info@maxi.com
February 10, 2015

Dear Provider,

Representatives from the Utah State Office of Education, Child Nutrition Programs will be conducting provider home visits to monitor compliance of the Child and Adult Care Food Program. Providers have been selected at random to receive these visits. As your program sponsor we ask that you cooperate fully with this visit and provide all necessary program documentation as requested.

You are not required to allow the monitors into your home to conduct a monitoring visit unless they are able to show you proper State of Utah Identification. If there are any non-compliance issues as identified, or meals disallowed, as result of the visit our office will be required to follow up with you to develop a corrective action plan.

If you have any questions or concerns regarding the visit please feel free to contact our office.

Thanks,

Jeanie Peck  
Director