



Program Updates

Reminders From Aunt Bee



Remember if you serve combination foods like: corn dogs, chicken nuggets, pizza or fish sticks you need to either have the CN label available or the Product Specification Analysis sheet. Plus you need to be offering the correct amounts listed on the CN label or the

Product Specification Analysis Sheet. If you don't have one of these, then the meal will be disallowed. We have included two new product specification analysis sheets in this newsletter, plus check our Web-site for others. www.cnputah.org



HOLIDAY CARE

If you plan on providing care on the 4th of July or Labor Day you must call the office for pre-approval prior to the holiday. If you don't get pre-approval, the meals on that day will be disallowed. You also need to send to the office a copy of your sign in/out with full signature for all children claimed that day by the 5th of the next month.

Eat Smart to Play Hard



Drink milk at meals

MILK: Milk must be served at Breakfast, Lunch, and Dinner. **Remember:** Children two years of age and older must be served fast free or low-fat(1%) milk. Whole milk and reduced fat(2%) MAY NOT be served to children over two years of age. Children between the ages of

one and two may be served whole milk. It is important that they receive the fat in whole milk for brain development.

SOY MILK: We have included a new Soy milk that qualifies for those of you who have children requiring soy milk.

Summer Lunch Programs:

Just a reminder: If you take your children to the free lunches provided by the schools during the summer, you CANNOT claim that meal.

Questions? Call the office.

You are responsible to understand the information in this newsletter. If you can't because of a language barrier, call this number (435) 797-2169 or 1-800-540-2169 for translation services.

Usted es responsable de entender la información que se encuentra en esta carta. Si esto no es posible por una barrera lingüística, llame a este numero para solicitar servicio de traducción (435) 797-2169 or 1-800-540-2169.



Instead of buying Chicken Nuggets Try These Fun Chicken Recipes

Bruschetta Chicken Bake

1 pound boneless, skinless chicken breast or tenders
1 Tablespoon vegetable oil
1/4 teaspoon garlic powder
Salt and pepper to taste
2 cups cooked brown rice
1 (14.5 ounce) can petite diced tomatoes
1/2 cup shredded mozzarella cheese
1 teaspoon dry Italian herbs.

Directions:

Step 1: Cut the chicken breasts into bite size pieces. Heat oil in a skillet. Add the chicken to the skillet. Season the chicken with garlic powder, salt and pepper. Cook until lightly brown

Step 2: Combine the cooked rice, tomatoes and Italian herbs in a casserole dish. Top with cooked chicken cubes. Sprinkle with cheese. Cover and bake in a 375 degree oven for 30 minutes.

Parmesan Chicken Strips

1 pound boneless, skinless chicken breast or tenders
1/4 cup low fat Ranch salad dressing
1 cup bread crumbs with Italian seasoning
1/4 cup grated Parmesan cheese

Directions:

Step 1: Cut the chicken breasts into long strips. Place chicken and salad dressing in a bowl. Toss to coat.

Step 2: Combine bread crumbs and cheese in a separate bowl.

Step 3: Lightly spray a metal baking sheet with a cooking spray.

Step 4: Roll chicken strips into bread crumb mixture. Place on the baking sheet. Bake in a 375 degree oven for 20-25 minutes or until chicken is no longer pink.



Here is another Soy Milk option. Remember you will still need to have the parent sign the Medical Statement Request and keep the statement and this form with the child's enrollment form. Make sure the soy milk you purchase matches.

Nutrient Criteria for Milk Substitutes (Minimum Required Nutrients)

		Per 1 Cup Serving Size				
Brand name of substitute		Great Value Soy Milk				
Nutrients ▼	Nutrient Values	Meets or exceeds	Daily Values	Meets or exceeds	% Daily Values	Meets or exceeds
Calcium	276 mg		1000 mg		30% DV	30%
Protein	8 g		50 g		8 g	8g
Vitamin A	500 IU		5000 IU		10% DV	10%
Vitamin D	100 IU		400 IU		25% DV	30%
Magnesium	24 mg		400 mg		6% DV	10%
Phosphorus	222 mg		1000 mg		20% DV	25%
Potassium	349 mg		3500 mg		350 mg or 10% DV	3500mg
Riboflavin	0.44 mg		1.7 mg		25% DV	30%
Vitamin B 12	1.1 mcg		6 mcg		20% DV	50%



This product is not CN labeled. This form provides equivalent meat/meat alternate and grain product information for a non CN labeled product.



Product name: All Natural Dino Buddies Manufacturer: Maxi Canada Inc. Product code: 22651
 Case: 5 x 70 oz Pack: 5 units per case Count: About 24

Portion size: 83g (3 oz) / 5 pieces

I. Meat/Meat Alternate

Description of Creditable Ingredients per-Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield	Creditable Amount M / MA
Chicken Ground, Frozen	1,3386 oz	X	0,7	0,9370 oz
A. Total Creditable M/MA Amount =		0,9370 oz		

II. Alternate Protein Product (APP)

Description of APP Manufacturer's Name & Code	Ounces Dry APP Per Portion	Multiply by %of Protein As-Is	Divide by 18*	Creditable Amount APP
Isolated Soy Protein, Solae (SP248-PF281)	0,0545 oz	86	18	0,2604 oz
B. Total Creditable APP Amount =		0,2604 oz		
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz) =		1,1974 oz = 1.00 oz		

* 18 is the percent of protein when fully hydrated

All Natural Dino Buddies Product Code: 22651
 5 pieces equals 1 oz. meat/meat alternate

Snack	1-2	3-5	6-12
Meat/meat alternate amount required	¼ oz.	¼ oz.	1 oz.
Meat/meat alternate-# pieces you would need to offer	3	3	5
Grain-# pieces you would need to offer	Not credible		
Lunch/Supper			
Meat/meat alternate amount required	1 oz.	1.5 oz.	2 oz.
Meat/meat alternate-# pieces you would need to offer	5	8	10
Grain-# pieces you would need to offer	Not credible		

III. Grains

A. Does the product meet the whole grain-rich criteria? Yes No

B. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program required beginning SY 2013-2014: EXHIBIT A

Indicate to which Exhibit A Group (A-1) the product belongs: n/a

Description of Product per USDA Food Buying Guide (FBG)**	Portion size of product as purchased (A)	Weight of one ounce as listed in SP 30-2012 Exhibit A (B)	Creditable Amount
n/a			n/a
D. Total Creditable Grain per Portion*** (rounded down to the nearest 1/4 oz)			

***Groups A-G use the standard of 16 grams creditable grain per oz eq.

A **3 oz** serving of the above product (ready for serving), would contain **1.00 oz** of equivalent meat/meat alternate and **0 oz** of bread alternate when prepared according to directions. I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A).

[Signature]

Labeling Technician 19/03/2015

This product is not CN labeled - CN equivalent meat / meat alternate calculations are subject to change without notice.

This form is not valid for the National School Lunch Program (NSLP) and School Breakfast Program (SBP). It is valid for the Child and Adult Care Food Program (CACFP) and the Summer Food Program (SFP) only.

Please contact Maxi Canada for the most current information at 1-800-363-3621 ext #168

Maxi Canada Inc. 688 rue du Parc, St-Lin-Laurentides, Quebec, J5M 3B4 Tel.: 450.439.2500 Fax: 450.439.6500 / info@maxi.com

This product is not CN labeled. This form provides equivalent meat/meat alternate and grain product information for a non CN labeled product.



Product name: Yummy Dino Buddies Manufacturer: Maxi Canada Inc. Product code: 22644
 Case: 6 x 26 oz Pack: 6 units per case Count: About 10

Portion size: 76g (3 oz) / 4 pieces

I. Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield	Creditable Amount M / MA
Chicken Ground, Frozen	1,0513 oz	X	0,7	0,7359 oz
A. Total Creditable M/MA Amount =		0,7359 oz		

II. Alternate Protein Product (APP)

Description of APP Manufacturer's Name & Code	Ounces Dry APP Per Portion	Multiply by %of Protein As-Is	Divide by 18*	Creditable Amount APP
Isolated Soy Protein, Solae (SP248-PF281)	0,04267 oz	86	18	0,2039 oz
B. Total Creditable APP Amount =		0,2039 oz		
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz) =		0,9398 oz = 0.75 oz		

* 18 is the percent of protein when fully hydrated

Yummy Dino Buddies Product Code: 22644
 4 pieces equals .75 oz. for meat and grain

Snack	1-2	3-5	6-12
Meat/meat alternate amount required	1/4 oz.	1/2 oz.	1 oz.
Meat/meat alternate- # pieces you would need to offer	3	3	6
Grain-# pieces you would need to offer	3	3	6
Lunch/Supper			
Meat/meat alternate amount required	1 oz.	1.5 oz.	2 oz.
Meat/meat alternate- # pieces you would need to offer	6	9	12
Grain-# pieces you would need to offer	6	9	12

III. Grains

A. Does the product meet the whole grain-rich criteria? Yes _____ No X

B. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program required beginning SY 2013-2014: **EXHIBIT A**

Indicate to which Exhibit A Group (A-1) the product belongs: B

Description of Product per USDA Food Buying Guide (FBG)**	Portion size of product as purchased (A)	Weight of one ounce equivalent as listed in SP 30-2012 Exhibit A (B)	Creditable Amount A ÷ B
Batter type coating GROUP B	0,9860 oz	1 oz (28 g)	0,9860 oz
D. Total Creditable Grain per Portion*** (rounded down to the nearest 1/4 oz)		0,75 oz	

***Groups A-G use the standard of 16 grams creditable grain per oz eq.

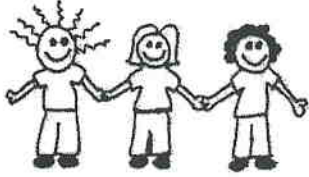
A 3 oz serving of the above product (ready for serving), would contain 0.75 oz of equivalent meat/meat alternate and 0.75 oz of bread alternate when prepared according to directions. I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A).

J. K. ... Labeling Technician 24/03/2015

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 Maxi Canada Inc. 688 rue du Parc, St-Lin-Laurentides, Quebec, J5M 3B4 Tel.: 450.439.2500 Fax: 450.439.6500 / info@maxi.com

Just a reminder and FYI: This letter states that representatives from the Utah State Office of Education may be coming to some of our child care providers' homes. Call the office if you have any questions.



Child Care Nutrition Program
Center for Persons with Disabilities
Utah State University
6830 Old Main Hill
Logan, Utah 84322-6830



February 10, 2015

Dear Provider,

Representatives from the Utah State Office of Education, Child Nutrition Programs will be conducting provider home visits to monitor compliance of the Child and Adult Care Food Program. Providers have been selected at random to receive these visits. As your program sponsor we ask that you cooperate fully with this visit and provide all necessary program documentation as requested.

You are not required to allow the monitors into your home to conduct a monitoring visit unless they are able to show you proper State of Utah Identification. If there are any non-compliance issues as identified, or meals disallowed, as result of the visit our office will be required to follow up with you to develop a corrective action plan.

If you have any questions or concerns regarding the visit please feel free to contact our office.

Thanks,

A handwritten signature in cursive script that reads "Jeanie Peck".

Jeanie Peck
Director